

## Our Goal

The goal of Access' Family Life Skills Services is to help children with behavior problems learn to follow rules and cooperate with others by providing parents and the child's caregivers with the tools to successfully decrease difficult behavior and increase appropriate behavior.

The desired outcome is for the child to become successful and more cooperative at home, in childcare, and at school, thus allowing the child to remain in the setting in which he or she previously struggled.

## What We Do

Our professional staff assess the child's situation through direct observation, parent and caregiver reports, and vital background information.

From that assessment, a plan is developed by our clinical director, who is a licensed clinical psychologist.

Our behavior specialists then return to the site to implement the plan. As part of this effort, parents and caregivers are coached in techniques to help the child maintain positive behavior.

## Commonly Asked Questions

### ***Q: In what situations can Family Life Skills Services help my family?***

A: Our behavior specialists work with children, their parents, and their caregivers to help them successfully correct difficult behaviors and maintain appropriate behaviors. Our staff will develop a personalized plan for your child to reduce these difficult behaviors such as swearing, hitting, kicking, disrespect, and self-harm.

### ***Q: Where are these services provided?***

A: Our professionals work in any setting in which your child's difficult behaviors occur including home, childcare, and school.

### ***Q: Have Family Life Skills Services helped reduce challenging behaviors?***

A: Access Family Life Skills Services have reduced challenging behaviors in more than 90% of the children who have been involved with this program.

### ***Q: Who do I contact for more information?***

A: Please contact Access clinical director Ron Odden or Coordinator Jody Claus at 218.233.3991 or [ron.odden@accessrv.org](mailto:ron.odden@accessrv.org).

## A Story of Success

Michael's mother Karen came to Access tired, discouraged, and out of answers for how to help her son control his behavior. She was on the verge of losing her job because of the time she had lost from work to care for her son. Michael was a good kid, but he had trouble controlling his temper.

Access professionals offered to work with Karen to help her son regain self-control. She and Michael's caregivers were taught by Access behavior specialists how to successfully manage his behaviors. Karen now feels confident that she has the tools to help her son, and Michael's behavior has improved dramatically.

Can we help  
YOU  
help your child?